



2010 GIRLS FALL HIGH SCHOOL PROGRAM

DESCRIPTION

Epic Volleyball Club is pleased to announce the return of our Fall High School Training Program. This program is available for girls in grades 9-12 who are not currently participating with their High School Volleyball Program. We are happy to offer this training program where the girls will practice with a fixed coach in a team format. This session will provide the girls with an opportunity to continue practicing and improving without the daily rigors required of a High School Volleyball team. The girls will practice twice a week, and will participate in two local tournaments to compete and show off their skills. The Fall High School Training Program will give the girls the advantage of being exposed to the drills and techniques associated with our girls traveling teams as we lead into club tryouts.



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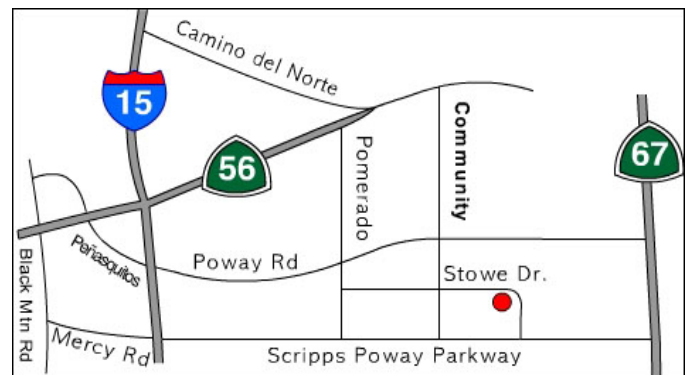
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Details

- Program starts on August 30th 6:30 - 8:30 PM
- Program will end the week of November 1st (10 week program)
- Practice twice a week. (20 total practices)
- Two Tournaments 9/25 and 10/23
- Fee for the season is \$500.00 (2 payments)
- No start up cost
- Players will receive 1 pair of spandex and 2 T-shirts.
- Players will be grouped by appropriate skill level
- No Tryouts, sign up online or over the phone

www.epicvb.com



For more details and to sign up, visit the Epic website or contact us at 858-486-5228. You can also email Pat@epicvb.com