



2010 GIRLS FALL MIDDLE SCHOOL PROGRAM

Description

Epic is pleased to announce the return of our Fall Non-Traveling Team Program. This program is for girls 8th grade and under to be trained in a competitive, team style format. With the absence of local middle school volleyball programs, we look forward to providing the girls with an opportunity to continue training and competing during the fall. Teams will be formed based on skill level, and will be provided with a fixed coach who will lead them in practices twice a week, and two tournaments in the county. This format will allow the girls to be exposed to the same techniques and drills used by our Traveling Team staff, just as they would during our club season. In addition to practicing all of the essential skills and fundamentals, the girls will benefit immensely from learning team offensive and defensive systems. Our Fall Non Traveling Team program will lead up to our Club Tryouts, and will allow the girls to stay sharp for our upcoming season.



Details

Program starts on August 17th 6:30 – 8:30 PM

Program will end the week of October 10th.
(8 week program)

Practice twice a week. (16 total practices)

Two Tournaments 9/11 and 10/9

Fee for the season is \$430.00 (2 payments)

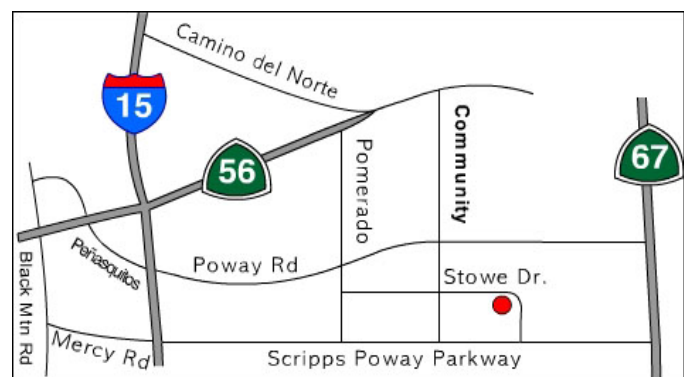
No start up cost

Players will receive 1 pair of spandex and 2 T-shirts.

Players will be grouped by appropriate skill level

No Tryouts, sign up online or over the phone

www.epicvb.com



For more details and to sign up, visit the Epic website or contact us at 858-486-5228 or Pat@epicvb.com